

# Wake County Psychology & Counseling



**Jeffers, Mann & Artman Pediatric**  
and Adolescent Medicine, P.A.

## RALEIGH

Fayetteville Psychiatric Associates  
4505 Fair Meadows Lane Suite 102  
Raleigh, NC 27607  
Phone: (919) 670-3939  
Fax: (984) 200-6429  
[www.fayettevillepsychnc.com](http://www.fayettevillepsychnc.com)

Insurance: Medicaid, NC Healthchoice, Private Ins except BCBS Local  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

Grew, Morter & Hartye Psychology  
3141 John Humphries Wynd Suite 275  
Raleigh, NC 27612  
Phone: (919) 783-5431  
Fax: (919) 783-6480  
[www.gmhpsych.com](http://www.gmhpsych.com)

Insurance: BCBS, Aetna, UHC, Cigna  
Ages: 3 and older  
Parenting Classes: Yes  
Psychoeducational Eval for ADHD: Yes

HRC Behavioural Health (Raleigh)  
Dr. Ronit Dedesma, Dr. Mukesh Kamdar,  
Dr. Roger Perilstein, Dr. Katherine Wu, Samina Aziz  
4201 Lake Boone Trail Suite 201  
Raleigh, NC 27607  
Phone: (919) 785-0384  
Fax: (919) 785-0038  
[www.hrc-pa.com](http://www.hrc-pa.com)

Insurance: BCBS  
Ages: 4 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

Jennifer Stevens LCSW  
2108 Umstead Drive  
Raleigh, NC 27603  
Phone: (919) 297-2357  
Fax: (919) 733-9441  
Website: None

Insurance: Medicaid, NC Healthchoice, Private Ins. except BCBS Local  
Ages: 4 and older  
Parenting Classes: Yes  
Psychoeducational Eval for ADHD: No

Lindsay Psychological (Deborah Lindsay, LPA)  
8601 Six Forks Road Suite 400  
Raleigh, NC 27615  
Phone: (919) 810-2890  
Fax: (919) 676-5305  
[www.lindsaypsychological.com](http://www.lindsaypsychological.com)

Insurance: BCBS, Medicaid, NC Healthchoice  
Ages: 6-18  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

Mary Luckhardt, PhD  
4909 Water's Edge Drive Suite 100  
Raleigh, NC 27607  
Phone: (919) 299-0213  
Fax: (919) 233-1808  
Website: None

Insurance: Private Insurance  
Ages: 3-18  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

### NCSU Department of Psychology

2310 Stinson Drive Suite 612 (Poe Hall)

Raleigh, NC 27607

Phone: (919) 515-1713

Fax: (919) 515-1716

[www.psychology.chass.ncsu.edu](http://www.psychology.chass.ncsu.edu)

Insurance: Self Pay

Ages: 5 -21

Parenting Classes: No

Psychoeducational Eval for ADHD: Yes

### New Leaf Behavioral Health

3725 National Drive Suite 220

Raleigh, NC 27612

Phone: (919) 781-8370

Fax: (919) 781-2266

[www.nlbh.org](http://www.nlbh.org)

Insurance: Private Insurance, Medicaid

Ages: 3 and older

Parenting Classes: No

Psychoeducational Eval for ADHD: Yes

### Shattuck WellNess & Behavioral

2501 Atrium Drive Suite 100

Raleigh, NC 27607

Phone: (919) 359-9700

Fax: (919) 359-9705

[www.swbhs.com](http://www.swbhs.com)

Insurance: BCBS- except Local, Cigna, Aetna, UHC

Ages: 5 and older

Parenting Classes: Yes

Psychoeducational Eval for ADHD: Yes

### Silber Psychological Services

1004 Dresser Court Suite 103

Raleigh, NC 27609

Phone: (919) 876-5658

Fax: (919) 790-1521

[www.silberpsych.com](http://www.silberpsych.com)

Insurance: Self Pay, will file to Insurance as courtesy

Ages: 1 and older

Parenting Classes: Yes

Psychoeducational Eval for ADHD: Yes

### A Moment's Reflection

Elizabeth Polomik

8510 Six Forks Road Suite 101

Raleigh, NC 27615

Phone: (919) 602-8572

Fax: (919) 747-4172

[www.amomentsreflection.net](http://www.amomentsreflection.net)

Insurance: Private Insurance, Medicaid

Ages: 11 and older

Parenting Classes: No

Psychoeducational Eval for ADHD: No

### Access Family Services

8374 Six Forks Road Suite 101

Raleigh, NC 27615

Phone: (919) 890-5852

Fax: (919) 896-6443

[www.accessfamilyservices.com](http://www.accessfamilyservices.com)

Insurance: BCBS, Medicaid, NC Healthchoice

Ages: 4 and older

Parenting Classes: No

Psychoeducational Eval for ADHD: No

### ACI Support Services

8504 Six Forks Road Suit 101

Raleigh, NC 27615

Phone: (919) 861-2000

Fax: (919) 861-2001

[www.acisupport.com](http://www.acisupport.com)

Insurance: Self Pay

Ages: All ages

Parenting Classes: No

Psychoeducational Eval for ADHD: No

Special Services: Disabilities and Special Needs

Special Services: Disabilities and Special Needs

Adam Bearman

211 East Six Forks Road C-201  
Raleigh, NC 27609  
Phone: (919) 771-5351  
Fax: None  
[www.adambearmanlcsww.com](http://www.adambearmanlcsww.com)

Insurance: BCBS, Aetna, UHC, Medicaid, NC Healthchoice  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

Allan Bloom & Associates

4000 Blue Ridge Road Suite 380  
Raleigh, NC 27612  
Phone: (919) 787-7307  
Fax: (919) 787-8414  
[www.allanbloom.com](http://www.allanbloom.com)

Insurance: Private Insurance  
Ages: 4 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

Anne Davison Baden, PhD

230 Millbrook Road  
Raleigh, NC 27609  
Phone: (919) 810-8028  
Fax: (919) 790-2361  
Website: None

Insurance: BCBS, Aetna, Cigna, Tricare  
Ages: 6 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

Annie Shaw

3801 computer Drive Suite 112  
Raleigh, NC 27609  
Phone: (919) 720-8461  
Fax: (888) 235-4554  
[www.asinspire.weebly.com](http://www.asinspire.weebly.com)

Insurance: BCBS, Tricare, Medicaid, Self Pay  
Ages: 6 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

Journey Through Life

3722 Benson Drive Suite 101  
Raleigh, NC 27609  
Phone: (919) 448-6105  
Fax: (240) 266-0062  
[www.journeythru.com](http://www.journeythru.com)

Insurance: Private Insurance, Medicaid  
Ages: 3 and older  
Parenting Classes: Yes  
Psychoeducational Eval for ADHD: Yes

Capital Area Psychological Services

218 West Millbrook Road  
Raleigh, NC 27609  
Phone: (919) 870-8151  
Fax: (919) 870-5618  
[www.capspa.freesevers.com](http://www.capspa.freesevers.com)

Insurance: BCBS, Aetna  
Ages: 3 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

Carolina Neuropsychological Services

3900 Barrett Drive Suite 102  
Raleigh, NC 27609  
Phone: (919) 859-9040  
Fax: (919) 859-9030  
[www.carolinacns.com](http://www.carolinacns.com)

Insurance: Private Insurance  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

Carolina Outreach

Dr. Hasan Baloch  
3012 Falstaff Road  
Raleigh, NC 27610  
Phone: (919) 615-1027  
Fax: (919) 615-1501  
[www.carolinaoutreach.com](http://www.carolinaoutreach.com)

Insurance: Private Insurance, Medicaid, NC Heathchoice  
Ages: 4 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

Central Carolina Counseling

280 West Millbrook Road  
Raleigh, NC 27609  
Phone: (919) 772-9371  
Fax: (919) 779-6999  
[www.centralcarolinacounseling.com](http://www.centralcarolinacounseling.com)

Insurance: Private Insurance  
Ages: 10 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

Dr. Christopher Ricci

8009 Creedmoor Road Suite 104  
Raleigh, NC 27613  
Phone: (919) 802-4087  
Fax: (919) 882-9052  
[www.psychologyinraleigh.com](http://www.psychologyinraleigh.com)

Insurance: Self Pay  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

Drake Therapy Services

8520-104 Six Forks Road  
Raleigh, NC 27615  
Phone: (919) 818-1459  
Fax: None  
Email: draketherapy@yahoo.com

Insurance: BCBS, Aetna , Medicaid  
Ages: 3 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

Emily King PhD, LLC

4090 Barrett Drive  
Raleigh, NC 27609  
Phone: (919) 521-4535  
Fax: (919) 928-5672  
[www.dremilyking.com](http://www.dremilyking.com)

Insurance: Self Pay  
Ages: 3 and older  
Parenting Classes: Yes  
Psychoeducational Eval for ADHD: Yes

Insight Family Center

Dr. Tawana Barrow  
5884 Faringdon Place  
Raleigh, NC 27609  
Phone: (919) 239-4041  
Fax: (919) 239-4280  
[www.insightfamilycenter.com](http://www.insightfamilycenter.com)

Insurance: BCBS, Medicaid  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

Fellowship Health Resources

5509 Creedmoor Road  
Raleigh, NC 27612  
Phone: (919) 573-6520  
Fax: (919) 573-6525  
[www.fhr.com](http://www.fhr.com)

Insurance: BCBS-except Local and Duke, Cigna, Medicaid  
Ages: 18 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

Laura C. Kirby, LPA, PLLC

4090 Barrett Drive  
Raleigh, NC 27609  
Phone: (919) 672-7455  
Fax: (919) 882-1234  
Email: laura@laurackirby.com

Insurance: Self Pay  
Ages: 3 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

### North Carolina Recovery Services

1100 Navaho Drive  
Raleigh, NC 27609  
Phone: (919) 559-8690  
Fax: (919) 431-9875

[www.northcarolinarecovery.com](http://www.northcarolinarecovery.com)

Insurance: Medicaid  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No  
Special Services: Substance abuse treatment for patients 18 and older

### Peace by Piece Counseling

187 Windchime Court Suite 204  
Raleigh, NC 27615  
Phone: (919) 524-4156  
Fax: (919) 847-1142

[www.pbcounseling.com](http://www.pbcounseling.com)

Insurance: BCBS, Aetna, Cigna, Medcost  
Ages: 10 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No  
Special Services: Psychosocial Assessments

### Peter B. Van Dyck & Associates

4601 Lake Boone Trail Suite 1B  
Raleigh, NC 27607  
Phone: (919) 781-1800  
Fax: (919) 781-1899

[www.atimetoheal.com](http://www.atimetoheal.com)

Insurance: Self Pay  
Ages: 6 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

### Triangle Developmental Services

4904 Water's Edge Drive Suite 100  
Raleigh, NC 27606  
Phone: (919) 890-5533  
Fax: (919) 278-2649

[www.triangledevelopmentalservices.com](http://www.triangledevelopmentalservices.com)

Insurance: Self Pay, will provide documents to file to Insurance  
Ages: 3 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

### Triangle Psychoeducational Consultants

3820 Merton Drive Suite 205  
Raleigh, NC 27609  
Phone: (919) 789-8989  
Fax: (919) 789-8988

[www.dr.cherylstalings.com](http://www.dr.cherylstalings.com)

Insurance: BCBS  
Ages: 4 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

### Tricare Counseling & Consulting

8512 Six Forks Road  
Raleigh, NC 27615  
Phone: (919) 561-5225  
Fax: (866) 279-1991

[www.tricarecounseling.com](http://www.tricarecounseling.com)

Insurance: Private Insurance, Medicaid  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

### Wynns Family Psychology

9207 Baileywick Road Suite 203  
Raleigh, NC 27615  
Phone: (919) 467-7777  
Fax: (855) 797-9587

[www.wynnsfamilypsychology.com](http://www.wynnsfamilypsychology.com)

Insurance: Self Pay, will provide documents to file to Insurance  
Ages: 4 and older  
Parenting Classes: Yes  
Psychoeducational Eval for ADHD: Yes

Dr. Roaslind Heiko

531 Keisler Drive Suite 203  
Cary, NC 27518  
Phone: (919) 858-9692  
Fax: None  
[www.drheiko.com](http://www.drheiko.com)

Insurance: Self Pay  
Ages: 4 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No  
Special Services: Sandplay

Carolina Partners

790 SE Cary Parkway Suite 201  
Cary, NC 27511  
Phone: (919) 443-4100  
Fax: (877) 904-9349  
[www.carolinapartners.com](http://www.carolinapartners.com)

Insurance: Private Insurance  
Ages: 4 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

Carolina Strategies

2000 Regency Parkway Suite 285  
Cary, NC 27518  
Phone: (919) 234-6144  
Fax: None  
[www.carolinastrategies.com](http://www.carolinastrategies.com)

Insurance: Self Pay, will provide documents to file to Insurance  
Ages: 10 and older  
Parenting Classes: Yes  
Psychoeducational Eval for ADHD: Yes

Cary Family Psychology

102H Commonwealth Court  
Cary, NC 27511  
Phone: (919) 467-2876  
Fax: (919) 651-9525  
[www.caryfamilypsychology.com](http://www.caryfamilypsychology.com)

Insurance: Private Insurance  
Ages: 3 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

Central Carolina Counseling

547 Keisler Drive Suite 104  
Cary, NC 27518  
Phone: (919) 772-9371  
Fax: (919) 779-6999  
[www.centralcarolinacounseling.com](http://www.centralcarolinacounseling.com)

Insurance: Private Insurance  
Ages: 10 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

Etheridge Psychology

1120 SE Cary Parkway Suite 201  
Cary, NC 27518  
Phone: (919) 332-2892  
Fax: (888) 887-6361  
[www.etheridgepsychology.com](http://www.etheridgepsychology.com)

Insurance: BCBS, Aetna, Cigna, Tricare, Self Pay  
Ages: 4 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

Family Psychiatry & Psychology Associates

Dr. Seth E. Tabb, Dr. Amanda S. Dorn, Dr. Jennifer Siddle  
1400 Crescent Green Suite 120  
Cary, NC 27518  
Phone: (919) 233-4131  
Fax: (919) 233-4168  
[www.fppa.com](http://www.fppa.com)

Insurance: Self Pay  
Ages: 4 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

Peace by Piece Counseling

1140 Kildaire Farm Road Suite 200, Room 7  
Cary, NC 27511  
Phone: (919) 524-4156  
Fax: (919) 847-1142  
[www.pbcounseling.com](http://www.pbcounseling.com)

Insurance: BCBS, Aetna, Cigna, Medcost  
Ages: 10 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No  
Special Services: Psychosocial Assessments  
Special Services: Psychosocial Assessments

Ruth Burnett, LPC

217 Union Street  
Cary, NC 27511  
Phone: (919) 622-0005  
Fax: (919) 372-3043  
[www.ruthburnettcounseling.com](http://www.ruthburnettcounseling.com)

Insurance: BCBS, Tricare  
Ages: All ages  
Parenting Classes: Yes  
Psychoeducational Eval for ADHD: Yes

Serenity of Wake County

1020 Southill Drive Suite 300  
Cary, NC 27513  
Phone: (919) 345-4830  
Fax: (919) 373-0126  
[www.nanallenassociates.com](http://www.nanallenassociates.com)

Insurance: Private Insurance  
Ages: 7 and older  
Parenting Classes: Yes  
Psychoeducational Eval for ADHD: Yes

Triangle ACT Psychology

103 A Brady Court  
Cary, NC 27513  
Phone: (919) 465-2550  
Fax: (919) 465-2547  
[www.triangleact.com](http://www.triangleact.com)

Insurance: BCBS  
Ages: 2 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

Triangle Psychological Services

201 shannon Oaks Circle Suite 200  
Cary, NC 27511  
Phone: (919) 380-1000  
Fax: None  
[www.trypsych.com](http://www.trypsych.com)

Insurance: Self Pay  
Ages: 18 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

Wynns Family Psychology

130 Preston Executive Drive Suite 202  
Cary, NC 27513  
Phone: (919) 467-7777  
Fax: (855) 797-9587  
[www.wynnsfamilypsychology.com](http://www.wynnsfamilypsychology.com)

Insurance: Self Pay, will provide documents to file to Insurance  
Ages: 4 and older  
Parenting Classes: Yes  
Psychoeducational Eval for ADHD: Yes

Journey Through Life

1100 NW Maynard Road Suite 140  
Cary, NC 27513  
Phone: (919) 448-6105  
Fax: (240) 266-0062  
[www.journeythru.com](http://www.journeythru.com)

Insurance: Private Insurance, Medicaid  
Ages: 3 and older  
Parenting Classes: Yes  
Psychoeducational Eval for ADHD: Yes

Silber Psychological Services

1340 SE Maynard Road Suite 201  
Cary, NC 27511  
Phone: (919) 481-9012  
Fax: (919) 481-9013  
[www.silberpsych.com](http://www.silberpsych.com)

Insurance: Self Pay (will file to Insurance as courtesy)  
Ages: 1 and older  
Parenting Classes: Yes  
Psychoeducational Eval for ADHD: Yes

Meredith Hickory, PsyD

1020 Southill Drive Suite 300  
Cary, NC 27513  
Phone: (919) 971-1495  
Fax: (919) 678-0216  
[www.drmeredithhickory.com](http://www.drmeredithhickory.com)

Insurance: Self Pay  
Ages: 2 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

The Tooley Group/Ridgeview Counseling

106 D Ridgeview Drive  
Cary, NC 27511  
Phone: (919) 467-2464  
Fax: (919) 467-8653  
[www.tooleysgroup.com](http://www.tooleysgroup.com)

Insurance: Self Pay, Medicaid  
Ages: 3 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

180 Counseling

1151 Executive Circle Suite 102  
Cary, NC 27511  
Phone: (919) 462-8308  
Fax: (919) 462-0433  
[www.one-eightycounseling.com](http://www.one-eightycounseling.com)

Insurance: Private Insurance- except BCBS Local and Value  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

3C Family Services

Dr. Leigh Fylstra, Dr. Lori Schweickert  
1901 North Harrison Avenue Suite 100  
Cary, NC 27513  
Phone: (919) 677-0101  
Fax: (919) 677-0113  
[www.3cfamilyservices.com](http://www.3cfamilyservices.com)

Insurance: Self Pay, will provide documents to file to insurance  
Ages: 3 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

**APEX**

Lifescapes Counseling Associates, PLLC

950 Windy Road Suite 305  
Apex, NC 27502  
Phone: (919) 303-0273  
Fax: (919) 303-5986  
[www.lifescapescounseling.com](http://www.lifescapescounseling.com)

Insurance: BCBS, Aetna, Cigna  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

Stonebridge Counseling

800 West Williams Street Suite 203  
Apex, NC 27502  
Phone: (919) 434-6398  
Fax: (919) 557-2089  
[www.sbcounseling.com](http://www.sbcounseling.com)

Insurance: BCBS, Aetna, Medcost, Cigna  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

**WAKE FOREST**

Carolina Outreach

120 Capcom Avenue Suite 101  
Wake Forest, NC 27587  
Phone: (919) 488-1444  
Fax: (919) 488-1445  
[www.carolinaoutreach.com](http://www.carolinaoutreach.com)

Insurance: BCBS, Medicaid  
Ages: 4 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No



### Christensen Family Therapy

1900 South Main Street Suite 112  
Wake Forest , NC 27587  
Phone: (919) 757-3440  
Fax: (919) 562-5696  
[www.wakeforestfamilytherapy.com](http://www.wakeforestfamilytherapy.com)

Insurance: BCBS, Aetna, Tricare, Medicaid  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

### Perkins Counseling & Psychology

10580 Ligon Mill Road Suite 210  
Wake Forest, NC 27587  
Phone: (919) 263-9592  
Fax: (919) 263-9670  
[www.perkinscps.com](http://www.perkinscps.com)

Insurance: Private Insurance  
Ages: 4 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

### Wake County Psychological Services

1906 South Main Street  
Wake Forest, NC 27587  
Phone: (919) 562-1080  
Fax: (919) 570-3243  
[www.wakepsychological.com](http://www.wakepsychological.com)

Insurance: Private  
Ages: 3 and older  
Parenting Classes: Yes  
Psychoeducational Eval for ADHD: Yes

### Wake Forest Counseling Associates

3021 Berks Way Suite 101  
Wake Forest, NC 27587  
Phone: (919) 554-4027  
Fax: (919) 554-9375  
[www.wakeforestcounseling.com](http://www.wakeforestcounseling.com)

Insurance: BCBS,UHC,Aetna,Cigna,Tricare,Medicaid, NC Health.  
Ages: 6 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

## FUQUAY-VARINA

### Diverse Wellness Solutions

7155 Sunset Lake Road  
Fuquay-Varina, NC 27526  
Phone: (919) 838-0804  
Fax: (919) 838-1219  
[www.genderjourney.com](http://www.genderjourney.com)

Insurance: Private Insurance-except UHC, Medicaid  
Ages: 3 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No  
Special Services: Transgender, high conflict divorce

### Fuquay Family Counseling

602 East Academy Street Suite 205  
Fuquay-Varina, NC 27526  
Phone: (919) 552-9514  
Fax: (919) 552-9544  
[www.fuquayfamilycounseling.com](http://www.fuquayfamilycounseling.com)

Insurance: Private Insurance, Medicaid  
Ages: 4 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

### Fayetteville Psychiatric Associates

600 Stellata Drive  
Fuquay-Varina, NC 27526  
Phone: (919) 567-0684  
Fax (919) 567-0692  
[www.fayettevillepsych.nc.com](http://www.fayettevillepsych.nc.com)

Insurance: Medicaid, NC Healthchoice, Private Ins except BCBS Local  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

## HOLLY SPRINGS

Central Carolina Counseling

1140 Holly Springs Road  
Holly Springs, NC 27540  
Phone: (919) 772-9371  
Fax: (919) 779-6999

[www.centralcarolinacounseling.com](http://www.centralcarolinacounseling.com)

Insurance: Private Insurance  
Ages: 10 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

Holly Springs Counseling Center

300 West Earp Street  
Holly Springs, NC 27540  
Phone: (919) 582-5089  
Fax: (919) 835-4322

[www.hollyspringscounselingcenter.com](http://www.hollyspringscounselingcenter.com)

Insurance: Private Insurance  
Ages: 4 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No

Carmel G. Sweeney, LCSW, PLLC

356 B Raleigh Street  
Holly Springs, NC 27540  
Phone: (919) 810-7729  
Fax: (919) 387-9217

[www.cgsweeney.net](http://www.cgsweeney.net)

Insurance: BCBS, Tricare, Medicaid, NC Healthchoice  
Ages: 3 and older  
Parenting Classes: Yes  
Psychoeducational Eval for ADHD: No

# Johnston County Psychology and Counseling



**Jeffers, Mann & Artman Pediatric**  
and Adolescent Medicine, P.A.

## CLAYTON

### Andrea Eaves, LCSW

353 West 2nd Street  
Clayton, NC 27520  
Phone: (919) 271-0135  
Fax: (855) 589-5889  
Website: None

Insurance: Private Insurance- except Cigna  
Ages: 8 and older  
Parenting Classes: Yes  
Psychoeducation Eval for ADHD: No

### Beth Smith, LPA

3040 NC Highway 42  
Clayton, NC 27520  
Phone: (919) 606-9143  
Fax: (919) None  
Email: bethsmith555@gmail.com

Insurance: Self Pay  
Ages: All ages  
Parenting Classes: No  
Psychoeducation Eval for ADHD: Yes

### Carolina Outreach (Dr. Samantha Hessom, Psychiatrist)

510 West Main Street  
Clayton, NC 27520  
Phone: (919) 359-0669  
Fax: (919) 243-1879  
[www.carolinaoutreach.com](http://www.carolinaoutreach.com)

Insurance: BCBS, Medicaid, Self Pay for Johnston County residents  
Ages: 5 and older  
Parenting Classes: Yes  
Psychoeducation Eval for ADHD: No

### Cleveland Counseling Center

141- K Technology Drive  
Clayton, NC 27520  
Phone: (919) 779-6612  
Fax: (919) 773-7854  
[www.clevelandcounselnc.com](http://www.clevelandcounselnc.com)

Insurance: Private Insurance, Medicaid  
Ages: 5 and older  
Parenting Classes: Yes  
Psychoeducation Eval for ADHD: Yes

### Dr. Andy Brown

501 Gateway Place  
Clayton, NC 27520  
Phone: (919) 412-7990  
Fax: (919) 412-7990 (call before faxing)  
Website: None

Insurance: Private Insurance  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducation Eval for ADHD: Yes

### Freedom Behavioral Health

9933 US Highway 70  
Clayton, NC 27520  
Phone: (919) 585-2069  
Fax: (919) 585-2075  
[www.freedom-bhs.com](http://www.freedom-bhs.com)

Insurance: Private Insurance, Medicaid  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducation Eval for ADHD: Yes

### Kraft Psychological Services

221 Barbour Street  
Clayton, NC 27520  
Phone: (919) 550-0500  
Fax: (919) 550-5120  
Website: None

Insurance: BCBS  
Ages: 9-15yrs  
Parenting Classes: No  
Psychoeducation Eval for ADHD: Yes

### North Carolina Recovery Support Services

442 East Main Street Suite A  
Clayton, NC 27520  
Phone: (919) 559-8690  
Fax: (919) 431-9875  
[www.northcarolinarecovery.com](http://www.northcarolinarecovery.com)

Insurance: Medicaid  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducation Eval for ADHD: No  
Special Services: Substance Abuse treatment for 18 and older

## SMITHFIELD

### Carolina Outreach

712 Wilkins Street Suite D & E  
Smithfield, NC 27577  
Phone: (919) 300-4315  
Fax: (919) 205-1512  
[www.carolinaoutreach.com](http://www.carolinaoutreach.com)

Insurance: BCBS, Medicaid, Self Pay for Johnston County residents  
Ages: 5 and older  
Parenting Classes: Yes  
Psychoeducation Eval for ADHD: No

### Carter Clinic

19 Noble Street  
Smithfield, NC 27577  
Phone: (919) 938-9842  
Fax: (919) 938-9843  
[www.thecarterclinic.com](http://www.thecarterclinic.com)

Insurance: Private Insurance, Medicaid  
Ages: 5 and older  
Parenting Classes: Yes, occasionally  
Psychoeducation Eval for ADHD: Yes

### Johnston Counseling Services

212 Bridge Street  
Smithfield, NC 27577  
Phone: (919) 938-0921  
Fax: (919) 938-9807  
[www.johnstoncounseling.com](http://www.johnstoncounseling.com)

Insurance: Private Insurance  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducation Eval for ADHD: No

## GARNER

### 180 Counseling

69 Shipwash Drive  
Garner, NC 27529  
Phone: (919) 772-1990  
Fax: (919) 772-1978  
[www.one-eightycounseling.com](http://www.one-eightycounseling.com)

Insurance: Private Insurance- except BCBS Value and Local  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducation Eval for ADHD: Yes

### Central Carolina Counseling

233 Highway 70 Suite 130  
Garner, NC 27529  
Phone: (919) 772-9371  
Fax: (919) 779-6999  
[www.centralcarolinacounseling.com](http://www.centralcarolinacounseling.com)

Insurance: Private Insurance  
Ages: 10 and older  
Parenting Classes: No  
Psychoeducation Eval for ADHD: No

### Claire Ruth Counseling

12450 Cleveland Road Suite 205  
Garner, NC 27529  
Phone: (704) 300-0690  
Fax: None  
[www.claireruthcounseling.com](http://www.claireruthcounseling.com)

Insurance: BCBS, Tricare  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducation Eval for ADHD: No

### Cleveland Psychological Services (Elizabeth Hyde, LPA)

100 Professional Court Suite 103  
Garner, NC 27529  
Phone: (919) 662-3757  
Fax: (919) 662-3765  
Website: None

Insurance: Self Pay  
Ages: 6 and older  
Parenting Classes: No  
Psychoeducation Eval for ADHD: Yes  
Special Services: Family Therapy

### Destiny Counseling Connection

12450 Cleveland Road Suite 205  
Garner, NC 27529  
Phone: (919) 502-9361  
Fax: (919) 934-2982  
[www.destinycounselingconnection.com](http://www.destinycounselingconnection.com)

Insurance: Private Insurance, Medicaid  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducation Eval for ADHD: No

### DRC Therapeutic Services

503 Hwy 70 East Suite R  
Garner, NC 27529  
Phone: (919) 332-9294  
Fax: (888)958-5982  
[www.drctherapy.com](http://www.drctherapy.com)

Insurance: BCBS, Medicaid  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducational Eval for ADHD: Yes

### ACI Support Services

834 Timber Drive  
Garner, NC 27529  
Phone: (919) 329-5671  
Fax: (919) 359-5669  
[www.acisupport.com](http://www.acisupport.com)

Insurance: Self Pay  
Ages: All ages  
Parenting Classes: No  
Psychoeducational Eval for ADHD: No  
Special Services: Disabilities and Special Needs

## SELMA

### Carolina Support Services

200 South Pollock Street Suite A  
Selma, NC 27576  
Phone: (919) 965-6770  
Fax: (919) 965-0196  
[www.carolinasupportservices.com](http://www.carolinasupportservices.com)

Insurance: Medicaid, NC Healthchoice, Self Pay  
Ages: 5 and older  
Parenting Classes: No  
Psychoeducation Eval for ADHD: No

### Johnston County Industries

1100 East Preston Street  
Selma, NC 27576  
Phone: (919) 743-8700  
Fax: (919) 965-8023  
[www.jcindustries.com](http://www.jcindustries.com)

Insurance: N/A  
Ages: 18 and older  
Parenting Classes: No  
Psychoeducation Eval for ADHD: No  
Special Services: Job placement for adults with disabilities

## BENSON

Behavioral Health and Wellness Center

302 East Church Street

Benson, NC 27504

Phone: (919) 701-1048

Fax: (919) 398-5204

[www.behavioralhealthandwellnesscenter.com](http://www.behavioralhealthandwellnesscenter.com)

Insurance: Self Pay, Johnston County Medicaid

Ages: 5 and older

Parenting Classes: Yes

Psychoeducation Eval for ADHD: Yes