



JMA Pediatrics

Jeffers, Mann & Artman

Dear Parent,

Attention Deficit and Hyperactivity Disorder (ADHD) is a commonly diagnosed behavioral disorder in children. ADHD consists of behaviors such as inattention, hyperactivity, and impulsiveness out of the normal range for a child's age and development. Children with Attention Deficit and Hyperactivity Disorder have behavior problems that are frequent and severe enough to interfere with their ability to live normal lives both at school and at home.

Not all children that the teacher identifies as "inattentive" have Attention Deficit Disorder of Childhood. Some children have learning processing disorders, such as dyslexia, or other psychological disorders, such as depression or anxiety, which result in school difficulties. A thorough psychoeducational evaluation helps us ensure we are making the correct diagnosis of your child.

Treating ADHD is a partnership between the health care provider and parents/caregivers. To make this evaluation more efficient, we are requesting the following information prior to your child's first appointment with one of our providers.

1. Psychoeducational evaluation by a licensed psychologist or a complete evaluation done by the school system is very helpful in diagnosing the reason for your child's school difficulties (list of licensed psychologist who evaluate children with ADHD is located on our website under ADHD)
2. Completion of the Vanderbilt Parental Informant form (located on our website under ADHD and included in packet)
3. Completion of at least 2 Vanderbilt Teacher Informant forms (located on our website under ADHD and included in packet)

Please understand that the first ADHD visit is an assessment only. Your child may not be diagnosed with ADHD or receive medication at this visit. If a stimulant medication trial is started (or reinitiated after 6 consecutive months without medications) at the initial visit, your child will be required to return for an office visit in 21 days. All subsequent ADHD recheck appointments are required every 6 months. This process is to ensure corrective treatment and monitoring for both positive and negative effects. Therefore, medication refills will not be granted unless recheck appointments are up to date.

Prior to the ADHD recheck visits, the parent(s) is/are required to complete the Parent Vanderbilt Follow-Up Form located on our website. If there are concerns with the child not being well controlled on their medication, a Teacher Vanderbilt Follow-Up Form will also be needed.

Please note: We suggest you call your insurance carrier to inquire about whether or not psychological services are covered and which pediatric psychologists are covered by your insurance plan.

If you have any questions or concerns about any of the above information, please do not hesitate to contact any of our offices to speak with one of the ADHD Care Coordinators to better assist you.

Sincerely,

Providers of Jeffers, Mann and Artman Pediatrics