



## Jeffers, Mann & Artman Pediatric and Adolescent Medicine, P.A.

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### West Cary

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Dear JMA Patient,

It has truly been an honor to be entrusted with your health care over the years, and we would be delighted to continue providing your care through the age of 21. As your 18<sup>th</sup> birthday draws closer, you are approaching the age where HIPAA policies change regarding rights and responsibility of your medical records. At age 18, in the state of North Carolina, you will be considered a legal adult and you will be in charge of your own medical records.

Once you reach your 18<sup>th</sup> birthday, you will need to sign your own HIPAA form and tell us who can participate and have access to your health information. Participating in your health care includes requesting referrals, getting lab or x-ray results, talking to your doctor, physician assistant or nurse practitioner, speaking with a telephone triage nurse on your behalf to include prescription refill request and seeing your records.

This is a personal decision to make and we want you to make the best choice for your health care needs. Enclosed is additional information and a guide to understanding the privacy of your medical records. If you have additional questions or concerns, please contact our office and ask to speak with a care coordinator.

Sincerely,

Jeffers, Mann & Artman Pediatric and Adolescent Medicine, P.A.  
Care Coordinator Team